

## The Salvation Army's Build Mentoring Programme- Role Description

Do you love to support and empower people? We are looking for compassionate champions to join our volunteer mentoring programme. Help mentees build confidence, get established in community and develop independence.

The Build mentoring programme supports survivors of modern slavery. A volunteer mentor is paired with a co mentor meeting fortnightly in the community with a mentee; being a friendly support, setting goals, exploring opportunities and life skills.

All volunteer mentors are supported and accountable to the Build Coordinators. This role is voluntary and unpaid (costs incurred for refreshments related to the mentor role will be reimbursed).

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### The Role

- To create a safe, compassionate, and healthy mentoring relationship
- Provide the mentee with tools and techniques to navigate a pathway to achieve things that are important to them
- Provide practical support to the mentee where appropriate (eg signposting)
- Support a mentee to identify and establish goals and life skills that are important to them
- Liaise with the mentee and fellow mentor to arrange safe and suitable meeting places including date and time
- Debrief with your co-mentor after each meeting and provide a brief written record of the discussion for the Mentoring Coordinator
- Work with your co-mentor to model 'healthy community'
- Manage the trio's refreshment expenses for reimbursement

### Skills you need

- Compassion, empathy and active listening skills
- Ability to be able to help people feel at ease and build confidence
- To help people draw out personal goals and things that are important to them
- Have a passion and desire for wanting to transform and support the lives of people
- Be sensitive to someone who has experienced trauma
- Ability to keep confidence and professional boundaries
- Reliability and good time keeping
- Commitment to safeguarding and a willingness to raise concerns where necessary
- Experience of supporting others navigate and integrate into community
- Access to car/public transport and flexibility around location



## What you will get from us

Online or face to face training prior to working with mentees:

- Volunteer Induction and specialised programme training
- e-learning courses relating to Safeguarding, Data Protection and Equality & Diversity, IT and Data Induction
- Ongoing support sessions from the Build team
- Ongoing training with an emphasis on trauma informed practice

## Commitment

- 12-month commitment period
- Meet with mentee and co-mentor fortnightly for 1-2 hours
- Commitment to write up debriefs and any relevant actions between meetups
- To be able to complete all required training
- To be able to attend a minimum of 4 training sessions per year

All roles within the mentoring programme need:

- mandatory checks including DBS
- two satisfactory references
- completion of induction training
- an informal interview and introductory period
- have a passion and desire for wanting to help and support people

**Our Organisation:** We are a faith-based organisation but our programmes are open to all. We do not require our staff or volunteers to have a faith but to support the mission and values of The Salvation Army. The Mentoring programme is managed by The Salvation Army's Anti-Trafficking and Modern Slavery Integrated Mission team. The team's strategy focuses on **Preventing** Modern Slavery and the trafficking of people; **Protecting** individuals on their journey from victim to survivor and ensuring that in doing so, **Progress** the survivors' journey to sustained freedom. The Build mentoring programme looks to support mentees to feel empowered in their own development.